

報告日期:96.8.21 報告組別:第四組 組員:洪子懿.陳琪媛.陳明莉
 指導學姐:吳素珍學姊

Admission Note

Basic data

Chart No:0022578xxx

Name: 林xx

Occupation: student

Ethnic origin: 閩南

Source of information: family

Past history: nil

Chief complaint

Unclear consciousness with multiple abrasion wound after T/A

Present Illness

This 23-year-old male student without special history was admitted via ER because of unclear consciousness with multiple abrasion wound after t/a.

He was alcoholic drinking in the traffic accident. In the ER, the physical examination found E2M3V1 and tachycardia was also noted(117/min). The laceration wound over L' t supra-orbital area was observed. The Lab. data showed Ethyl alcohol 235.4, Amphetamine<95, Morphine<50. CT revealed swelling on the left frontal & orbital region, and swelling of left side cheek. Bony fractures of left maxillary sinus. Blood clots in the ethmoid sinus, sphenoid sinus. Several small contusion hemorrhages in the left frontal lobe, and one in right frontal lobe. The impression was intracranial hemorrhage following injury, so we suggested to admit for further management.

時間		營養狀況
96/7/22 凌晨	4:50 因喝酒, 騎機車在街道公路自己翻車, 導致身體兩側. 上下肢顏面. 皆有開放性傷口, 且意識不清, 昏迷指數為 6(E2M3V1)送進中國醫藥大學附設醫院急診室	由口進食
	CT 檢查, 發現有顱內出血, 開放性顱內傷口, 及顱骨骨折	
下午	狀況回穩, 昏迷指數為 9(E2M5V2), 轉入一般病房(A7)	
96/7/23	動作反應由 M4 降至 M2, 家屬要求再做 CT 檢查	
96/7/24	狀況再度回穩	
96/7/31	顱內出血的血塊已被吸收	
96/8/2	病患反應上背疼痛, 經檢查有垂手的狀況, 之後決定作手術	
96/8/5 下午	病患呼吸喘, 喉嚨有黃痰, 呼吸頻率 26 次/分, 轉入 NSCU 病房	晚, 管灌 1000 卡
96/8/6	同一天進行周邊神經減壓手術及頸椎手術	NPO
96/8/7~	有做復健治療	管灌 1500 卡
96/8/8		管灌 1800 卡
96/8/9~		管灌 2000 卡
96/8/14		

姓名	林xx	病歷號碼	22578xxx	床號	A7-xxx	■男	出生日期	73年6月xx日
Subjective								
Activity states		■bed rest		Oral/feeding states			■Acceptable	
Dysphagia		■Yes		Poor chewing		■Yes		GI function
Objective								
BH:180cm BW:46.1kg UBW:60 IBW:71kg ABW:65kg								
Assessment								
Goal calorie:2600kcal Potein requirement:90-98g								
Criteria	Level I (high risk)		Level II (moderate risk)			Level III (low risk)		
1. BMI(14.5)	■ <17 or ≥35		□ =17-18.4 or = 30-34			□ =27-29		
2. Weight changes	■ >1-2% over 1 wk、>7.5% over 3 month、>10% over 6 or more months		□ 5-10% weight loss 1-6 months			□ <5% weight over 6 months		
3. Appetite	□ Poor appetite >6 days or vomiting/diarrhea 3 days		□ Poor appetite <6 days or vomiting/diarrhea 3 days			□ Unchanged appetite with no vomiting/diarrhea		
4. GI function	□ malabsorption		□ prolonged diarrhea			□ mild diarrhea □ chewing or swallowing problems		
5. Albumin	□ <2.5g/dl		□ 2.5-3.5g/dl			□ >3.5g/dl		
6. Feeding modality	■ TPN、PPN、feeding、NPO>5 days		□ Stable transitional feeding、Selected modified diets			□ Regular/normal diets		
7. TLC(1800)	□ <900 cells/mm ³		□ 900-1200 cells/mm ³			□ 1200-1500cells/mm ³		
8. Diagnosis	<input type="checkbox"/> severe decubitus or other wounds that are not healing <input type="checkbox"/> severe pancreatic dis. <input type="checkbox"/> GI obstruction or major surgery <input type="checkbox"/> Malnutrition <input type="checkbox"/> Burns <input type="checkbox"/> Sepsis <input type="checkbox"/> Multiple trauma <input checked="" type="checkbox"/> Others		<input type="checkbox"/> mild decubitus or other open wounds <input type="checkbox"/> renal disease <input type="checkbox"/> Recent major surgery <input type="checkbox"/> Diabetes <input type="checkbox"/> GI dis. or bleeding、ileus, etc. <input type="checkbox"/> CHF、CVA <input type="checkbox"/> Others _____			<input type="checkbox"/> HTN <input type="checkbox"/> Atherosclerosis、elevated lipid profile <input type="checkbox"/> Recent minor surgery <input type="checkbox"/> Anemia <input type="checkbox"/> Ulcer <input type="checkbox"/> Simple dehydration <input type="checkbox"/> Others		
■ Level I(high risk)								

Lab data

時間	7/22	8/1	8/5	8/17	8/20
Alb		3.8			2.8
GOP	40 ↑	62 ↑			51 ↑
GPT	23	43			100 ↑
Bun	6			11	15
Crea	0.7			0.5	0.6
Na	140		134 ↓	137	136
K	3.3 ↓		4.2	3.9	4.0
Cl			101	101	
Mg				2.4	2.4
Ca				8.6	8.8
RBC			4.86	4.21 ↓	
Hb			15.8	13.4 ↑	
HCT			45.4	38.9 ↓	
MCV			93.4	92.4	
MCH			32.5	31.8	
MCHC			34.8	34.4	
PLT			448	396	
WBC				13.44 ↑	
Scg				77.9	
Lymph				13.4 ↓	
Mono				8	
Baso				0.3	
Eos				0.4	
CPK	568				

Focus DAR (96.8.16)

Response:N-G Feeding : acceptable

Focus:Body weight

Data: Data : Lab. Data (Table 1)

BH : 180 cm BW : **46.1 kg**

ABW : 65 kg

Nutrition goal : 2600 kcal

Protein requirement : 90-98g/d(1.4-1.5g/kg)

Actual calorie intake : 2284 Kcal

Actual protein intake : 87.8g

8/16	食物	數量	Protein (g)	熱量 (Kcal)
早餐	愛攝氏 1.2 含纖	250ml	10.5	300
早點	健力體	400ml	16.7	421
午餐	健力體	400ml	16.7	421
午點	健力體	400ml	16.7	421
晚餐	健力體	400ml	16.7	421
晚點	愛攝氏 1.2 含纖	250ml	10.5	300
			87.8	2284

Action

- 1、觀察消化狀況，漸進式增加熱量至 2600kcal。
- 2、觀察患者體力狀況及營養指標。
- 3、使用高蛋白配方。

Focus DAR (96.8.17)

Response

N-G Feeding : acceptable

Focus

Body weight

Data : Lab. Data (Table 1)

Actual calorie intake : 2500Kcal

Actual protein intake : 95.8g

8/17	食物	數量	Protein (g)	熱量 (Kcal)
早餐	愛攝氏 1.2	250ml	10.5	300
早點	健力體	450ml	18.7	475
午餐	健力體	450ml	18.7	475
午點	健力體	450ml	18.7	475
晚餐	健力體	450ml	18.7	475
晚點	愛攝氏 1.2	250ml	10.5	300
			95.8	2500

Action

- 1、觀察胃反抽量正常，因病人對食物接受度良好，維持熱量 2500kcal。
- 2、當可由口進食時，教導病患家屬對於傷口修復有利之食物。

Focus DAR (96.8.18)

Response

N-G Feeding : acceptable

Focus

Body weight

Data : Lab. Data (Table 1)

BH : 180 cm

BW : **47.8** kg

ABW : 65 kg

Actual calorie intake : 2500 Kcal

Actual protein intake : 95.8g

8/18	食物	數量	Protein (g)	熱量 (Kcal)
早餐	愛攝氏 1.2	250ml	10.5	300
早點	健力體	450ml	18.7	475
午餐	健力體	450ml	18.7	475
午點	健力體	450ml	18.7	475
晚餐	健力體	450ml	18.7	475
晚點	愛攝氏 1.2	250ml	10.5	300
			95.8	2500

Action

- 1、觀察胃反抽量正常，病人對食物接受度良好，維持熱量 2500kcal 供應。
- 2、未來目標，教導病患家屬出院後之飲食照顧。